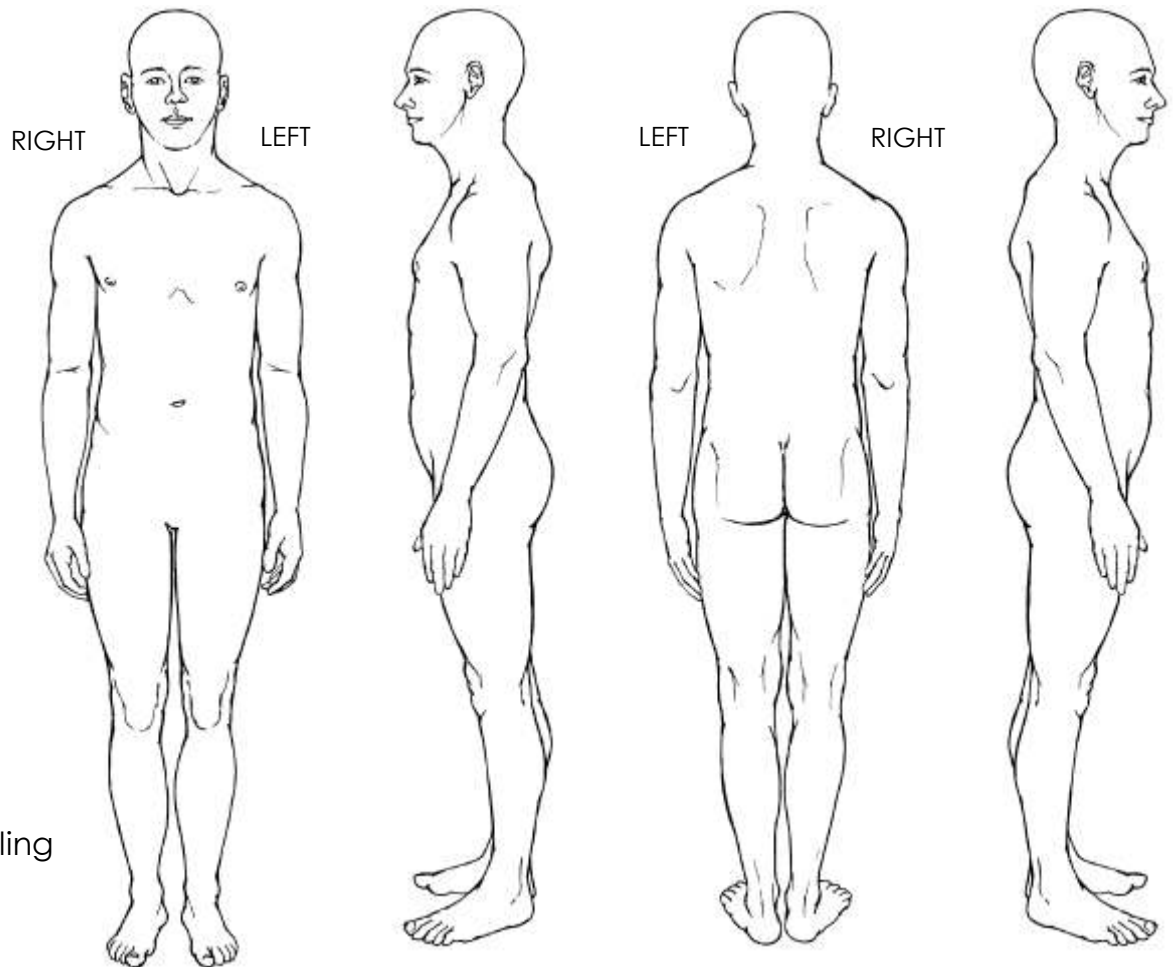


Name: _____ DOB: _____ Date: _____

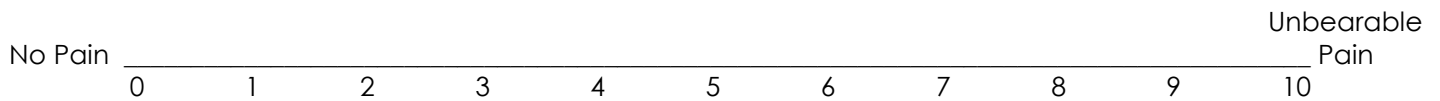
Indicate **TODAY'S** symptoms on the figures using the letters provided in the key. Use circles or arrows to draw the size and shape of the sensation.



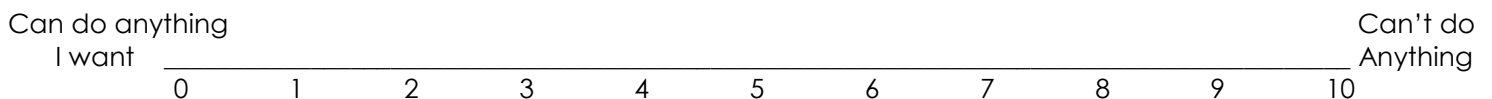
- P = Pain
- D = Dull Pain
- B = Burning Pain
- Sh = Sharp Pain
- Sb = Stabbing Pain

- A = Ache
- C = Catch
- N = Numbness/Tingling
- Sf = Stiffness
- T = Tightness

Identify the overall intensity of your pain. Use "T" to represent today, and "W" for when the pain is at its worst.



Are you experiencing any limitations in your daily activities? Use "T" to represent today, and "W" for when the pain is at its worst.



What makes it better?

What makes it worse?

Comments: